

Phlebology and Lymphology: new starting points

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Dr. Marco Viani, Dr. Marzia Lugli, Dr. Sandro Michelini, Dr. Marina Cestari

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Dr. Matteo Longhi, Dr. Raffaella Piovesan, Dr. Pierluigi Zolesio**

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*“Discovery consists of seeing what everybody has seen
and thinking what nobody has thought”*

Albert Szent-Györgyi - Nobel Prize in Medicine in 1937

Rational

Lymphology and Phlebology are now experiencing a period of profound innovation assisted by continuous technological stimuli, by the progressive improvement of consolidated procedures and by the development of new methods. The two disciplines often run overlapping both from a physiological point of view and from a pathophysiological point of view. The integration between Phlebology and Lymphology is often the starting point for addressing some clinical problems with a different perspective, including the foundations of the two disciplines considering the patient in his entirety and in his relationship with the surrounding environment. The objective of the Web Congress is to underline the importance and clinical relevance of Phlebology and Lymphology, highlighting how they are related to each other, and in some cases the extension of the other, representing the “best practice” for the management of the phlebo-lymphological patient. Timing is also fundamental for a timely diagnosis, an appropriate clinical management of the patient, in a conservative or surgical manner, associated with primary or secondary prevention of possible complications. The two disciplines therefore gravitate around the patient with lymphological and phlebological problems in a harmonious and plenary manner. The heterogeneity of the training and cultural background of the speakers is fundamental for the integration of diagnostic and therapeutic methods in order to complement each other's knowledge.

Dr. Lorenzo Ricolfi

LECTIO MAGISTALIS

PNEI and the red thread of inflammation

Demori Ilaria, PhD - DISTAV, University of Genoa; co-founder of the SIPNEI Liguria section, Italy

SESSION I

Comparison of techniques and methods in Lymphology

1) Lymphedema in oncological patients

Sandro Michelini, MD - Hospital of Marino, Rome President of ITALF aPast President of ISL - Italy

2) Lymphedema after breast cancer treatment: Primary prevention protocol

Marina Cestari, MD - Center Domus Gratiae USL Umbria2-Terni; Pianeta Linfedema Study Center-Terni Member of the Executive Committee of the European Lymphology, Vice President of the Italian Lymphoedema Framework - Italy

3) Lymphedema: Turkish Experience

Pinar Borman, MD - Professor of Physical Medicine and Rehabilitation & Algology - Ankara City Hospital Complex, Physical Medicine and Rehabilitation Hospital President of Anatolian (Turkish) Lymphedema Association Director of Hacettepe University Lymphedema Research and Practice Center - Turkey

4) Lymphedema management a new approach

Tania Tonezzer, PT - Oncology Physical Therapy Specialist and Lymphotherapy Physiotherapist Active professional member of National Association of Physiotherapists (CREFITO); Member an director of the Brazilian Association of Oncologic Physical Therapy (ABFO); Idealizer of the NGO - Onco Movimento - Brazil

5) Rehabilitation management of the patient

with primary lymphedema

Manuela Sciuscio, MD - Head of the Territorial Outpatient Clinic for Primary and Secondary Lymphedema - Regional Network Presidium for Rare Diseases - Primary Lymphedema - ASL LECCE; SIMFER - Italy

6) Rehabilitation management of the patient

with secondary lymphedema

Elena Fiaschi, MD - Director of the Massa Carrara Rehabilitation Unit, USL North West Tuscany, Massa Carrara; SIMFER - Italy

7) Taking charge of long-term Elephantiasis

Pr. JP Belgrado, PhD - Coordinator of the Lymphology Research Unit - Université libre de Bruxelles Professor - Université Libre de Bruxelles - Belgium

8) Differential diagnosis in the management of red legs and cellulitis in lymphoedema

Rebecca Elwell, ANP - Royal Stoke University Hospital, Stoke-on-Trent, Staffordshire - United Kingdom

9) Lymphedema. The tip of the Iceberg

George Banoub, Instructor at Klose Training & Consulting Head of lymphedema treatment unit at Air force Specialized Hospital - Egypt

10) Lymphoedema in the UK- an overview of the challenges and strategies to address them

Margaret Sneddon, Chair - British Lymphology Society; Honorary Senior Research Fellow, University of Glasgow - United Kingdom

11) Pathophysiology of phlebolymphedema

Andrzej Szuba, MD PhD - Professor of Medicine Wroclaw Medical University, Department of Angiology, Hypertension and Diabetology - Poland

12) Edema, phlebedema & lymphedema.

Different problem, same treatment?

Michael Eid, PT - Lymphedema treatment specialist Regina Assumpta Medical Clinic; Teacher with Dr.Vodder School International - Canada

13) Liposuction for Lymphoedema: A Patient, Doctor and Therapist Perspective

Suzanne L. Davey, OTR/L, CLT-LANA, CLWT, CEO & Founder at Lymph Africa (Pty) LTD and Lymphatic Education Africa- South Africa

14) Phlebo-Lymphology : an Irish perspective

Mary Paula Colgan, MD - Associate Professor in Vascular Disease;
Max Mahendran, MD - Vascular surgeon; Mary Costello, MD, PhD, RCSI; Meadhbh Mac Sweeney. MPH, Clinic Director - Ireland

15) Combining Aqua Lymphatic Therapy with conventional management of the lower legs

Dorit Tidhar. PT - National director of research and development, Maccabi healthcare services - Israel

16) Inpatient treatment of a Lymphedema patient in an austrian Lymphedema Clinic

Andreas Wittlinger, PT - Wittlinger Therapiezentrum GmbH, Walchsee
CEO Dr. Vodder Academy International, Chief of Therapy Department - Austria

17) Manual Lymphdrainage and Bandages - an introduction to two most importants parts of therapy of edema diseases

Tobias Beck - CEO Feldbergklinik
Dr. Asdonk specialist clinic for Lymphology and edema related diseases - Germany

18) The Co.De.Phy.L. protocol in lymphedema

Edmondo Palmeri, MD - Vascular Surgeon, expert in Clinical Nutrition and Complementary Medicine, Teacher Phlebology courses at the University of Palermo; SIF - Italy

19) Benefits of Electro-Lymphatic Therapy

Leong Weizhen, Physician - Chief Medical Officer & Co-Founder Oriental Remedies Group; Traditional Chinese Medicine - Singapore

20) Peripheral blood mononuclear cells in the treatment of lymphedema: preliminary results

Mario Bellisi, MD - Vascular Surgeon - Italy

21) Precautions for diagnosis of lymphedema and tips for treatment

Kazuki Kikuchi, MD - Department Director of Plastic surgery, Nadogaya Hospital, Tokyo - Japan

22) Microsurgical Lymphatic-Venous By-pass Surgery: how, when and why

Francesco Boccardo, MD - Professor of surgery, University of Genoa; President of European Society of Lymphology - Italy

23) Italian experience in Lymphatic Supermicrosurgery

Paolo Gennaro, MD - Associate Professor of Maxillofacial Surgery University of Siena - Italy

24) The combination between LVA and Liposuction

Guido Gabriele, MD - Clinical Director UOC Maxillofacial Surgery, Siena University Hospital - Italy

25) Lymphedema excluded from the LEA: Lymphedema in the obese, Lymphedema in the renal transplant and Phlebolympedema

Pierluigi Zolesio MD - Department of Neuroscience and Rehabilitation, Brotzu Hospital, Cagliari - Italy

26) Pet & CDT

Monica Coggiola, PT - Physiotherapy studio Coggiola, Casale Monferrato -Italy

27) Lymphedema: the internist's point of view

Micaela Bortolon, MD - Italy

28) Lymphatic System: not only a peripheral concept

Lorenzo Ricolfi, MD - Hesperia, medical services, Bordighera - Italy

29) Senescence of the lymphatic vessels: implications for the clinic

Alberto Onorato, MD PhD - Linfamed Srl, Udine

30) Lipedema : European Consensus Document

Domenico Corda, MD - Health director of Polimedica San Lanfranco, Pavia (Medical Center of Lymphology) - Italy

31) Complex decongestive therapy in Lipedema, when and why

Sara Mantovani, PT - "Studioerre" multidisciplinary physiotherapy center, Brescia - Italy

32) Surgical algorithm in the treatment of Lipedema

Agostino Bruno, MD - Plastic surgeon, Rome - Italy

SPECIAL TOPIC

Management of inflammation status via ketogenic diets on lipedema and lymphedema

Cannataro Roberto, Nutritionist - Italy

FINAL CONSIDERATIONS

The Road to Establishing Centers of Excellence in Lymphatic Treatment

William Repicci, President and CEO of Lymphatic Education & Research - USA

SESSION II

Venous pathology, from medical therapy to surgical treatment

1) The nutraceutical intervention for the health of the endothelium organ

Mauro Miceli, Aggregate Professor of Biomedical Laboratory, Sciences Biomedical Pole, University of Florence - Italy

2) Clinical significance of VIMT (Vein Intimal Medial Thickness): a suggestive hypothesis

Gennaro Quarto, MD - Professor at Integrated Courses of the Degree in Medicine and Surgery of the Faculty of Medicine and Surgery of the University of Naples "Federico II"; Past president SIF - Italy

3) The optimal duration of anticoagulation therapy in venous thromboembolic disease

Elena Callegari, MD - Medical director c/o ULSS 2 Treviso, specialist in internal medicine Ulss 2 Marca Trevigiana, Ca 'Foncello Treviso Hospital - Italy

4) Superficial and deep venous circulation, a delicate equilibrium

Maurizio Bruschi, MD, Treviso SIF - Italy

5) Deep vein obstruction and reflux: should we search for these anomalies in the swollen leg?

*Marzia Lugli, MD - Hesperia Hospital Modena
President of Italian College of Phlebology - CIF - Italy*

6) Vein stenting and oedema

Matteo Longhi, MD - Hesperia Hospital Modena - Italy

7) Phlebological surgery, what are still the spaces?
*Raffaella Piovesan, MD - Vascular surgery - "Dell'Angelo" Hospital,
Mestre-Venice - Italy*

**8) Thermal ablation. An endovascular option
for the treatment of saphenous insufficiency**
*Erika De Febis, MD - Niguarda Hospital General Hospital
and care centers, Milan - Italy*

**9) Rationale of ablative and conservative phlebological
therapies in comparison**
Eugenio Bernardini, MD, Livorno - Italy

**10) Physical Therapy as a complement for venous surgery:
Improving the outcomes**
*Gabriela Chinchilla, PT - Osteopath, Hospital Clinica Biblica,
San José - Costa Rica*

**11) Unilateral saphenous incompetence:
correlations with postural alterations**
Marco Bernardini, Biomedical engineer, Livorno - Italy

**12) The alteration of the prone-supinatory podalic
tour in the insufficiency of the Lejars venous
insole and the role of podiatry orthotic-plantar therapy**
Camilla Nuti, podiatrist, Empoli - Italy

**13) Healing of vascular ulcers with elastocompression.
A boot modified**
Ivan Gutierrez Romero, MD - Peru

**14) The Co.De.Phy.L. in the treatment of edema
of revascularization**
*Ilenia Guttuso, MD - Phlebolympology Center, University
Hospital "Policlinico Paolo Giaccone", Palermo - Italy*

**15) Lower limb ulcers and shock waves:
a new approach to an old problem?**
*Giovanni Lipari, MD - Surgery B - GB Rossi University
Hospital, Verona - Italy*

**16) Aesthetic Medicine Therapies for blemishes
and pathologies of the lower limbs**
*Giovanni Alberti, MD - Sports Medicine Specialist,
Palermo SIME - Italy*

**17) Aesthetic medicine meets microcirculation
to counteract aging**
Pietro Pace, MD, Brescia - Italy

SPECIAL TOPIC

Nutrition and Extracellular Matrix

*Lucio Lucchin, Prof. ac. - Medical Director of the Clinical Nutrition Unit
Health District of Bolzano - Italy*

FINAL CONSIDERATIONS

*Marco Viani, MD - Chief SSD Vascular Surgery, ASST Fatebenefratelli-Sacco,
Milan President of Italian Society of Phlebology - SIF - Italy*

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