

# Phlebology and Lymphology: new starting points

15February / 31December 2021

Honorary Presidents:

**Dr. Marco Viani, Dr. Marzia Lugli, Dr. Sandro Michelini, Dr. Marina Cestari**

President:

**Dr. Lorenzo Ricolfi**

Scientific Secretariat:

**Dr. Roberto Cannataro, Dr. Guido Gabriele, Dr. Ilenia Guttuso,  
Dr. Matteo Longhi, Dr. Raffaella Piovesan, Dr. Pierluigi Zolesio**

[www.phlebologyandlymphology.sharevent.it](http://www.phlebologyandlymphology.sharevent.it)





*“Discovery consists of seeing what everybody has seen  
and thinking what nobody has thought”*

*Albert Szent-Györgyi - Nobel Prize in Medicine in 1937*

# *Rational*

Lymphology and Phlebology are now experiencing a period of profound innovation assisted by continuous technological stimuli, by the progressive improvement of consolidated procedures and by the development of new methods. The two disciplines often run overlapping both from a physiological point of view and from a pathophysiological point of view. The integration between Phlebology and Lymphology is often the starting point for addressing some clinical problems with a different perspective, including the foundations of the two disciplines considering the patient in his entirety and in his relationship with the surrounding environment. The objective of the Web Congress is to underline the importance and clinical relevance of Phlebology and Lymphology, highlighting how they are related to each other, and in some cases the extension of the other, representing the “best practice” for the management of the phlebo-lymphological patient. Timing is also fundamental for a timely diagnosis, an appropriate clinical management of the patient, in a conservative or surgical manner, associated with primary or secondary prevention of possible complications. The two disciplines therefore gravitate around the patient with lymphological and phlebological problems in a harmonious and plenary manner. The heterogeneity of the training and cultural background of the speakers is fundamental for the integration of diagnostic and therapeutic methods in order to complement each other's knowledge.



## LECTIO MAGISTALIS

### **PNEI and the red thread of inflammation**

*Demori Ilaria, PhD - DISTAV, University of Genoa; co-founder of the SIPNEI Liguria section, Italy*

## SESSION I

### **Comparison of techniques and methods in Lymphology**

#### **1) Lymphedema in oncological patients**

*Sandro Michelini, MD - Hospital of Marino, Rome President of ITALF aPast President of ISL - Italy*

#### **2) Lymphedema after breast cancer treatment: Primary prevention protocol**

*Marina Cestari, MD - Center Domus Gratiae USL Umbria2-Terni; Pianeta Linfedema Study Center-Terni Member of the Executive Committee of the European Lymphology, Vice President of the Italian Lymphoedema Framework - Italy*

#### **3) Lymphedema: Turkish Experience**

*Pinar Borman, MD - Professor of Physical Medicine and Rehabilitation & Algology - Ankara City Hospital Complex, Physical Medicine and Rehabilitation Hospital President of Anatolian (Turkish) Lymphedema Association Director of Hacettepe University Lymphedema Research and Practice Center - Turkey*

#### **4) Lymphedema management a new approach**

*Tania Tonezzer, PT - Oncology Physical Therapy Specialist and Lymphotherapy Physiotherapist Active professional member of National Association of Physiotherapists (CREFITO); Member an director of the Brazilian Association of Oncologic Physical Therapy (ABFO); Idealizer of the NGO - Onco Movimento - Brazil*

#### **5) Rehabilitation management of the patient**

##### **with primary lymphedema**

*Manuela Sciuscio, MD - Head of the Territorial Outpatient Clinic for Primary and Secondary Lymphedema - Regional Network Presidium for Rare Diseases - Primary Lymphedema - ASL LECCE; SIMFER - Italy*

#### **6) Rehabilitation management of the patient**

##### **with secondary lymphedema**

*Elena Fiaschi, MD - Director of the Massa Carrara Rehabilitation Unit, USL North West Tuscany, Massa Carrara; SIMFER - Italy*

#### **7) Taking charge of long-term Elephantiasis**

*Pr. JP Belgrado, PhD - Coordinator of the Lymphology Research Unit - Université libre de Bruxelles Professor - Université Libre de Bruxelles - Belgium*

#### **8) Differential diagnosis in the management of red legs and cellulitis in lymphoedema**

*Rebecca Elwell, ANP - Royal Stoke University Hospital, Stoke-on-Trent, Staffordshire - United Kingdom*

#### **9) Lymphedema. The tip of the Iceberg**

*George Banoub, Instructor at Klose Training & Consulting Head of lymphedema treatment unit at Air force Specialized Hospital - Egypt*

#### **10) Lymphoedema in the UK- an overview of the challenges and strategies to address them**

*Margaret Sneddon, Chair - British Lymphology Society; Honorary Senior Research Fellow, University of Glasgow - United Kingdom*

#### **11) Pathophysiology of phlebolymphedema**

*Andrzej Szuba, MD PhD - Professor of Medicine Wroclaw Medical University, Department of Angiology, Hypertension and Diabetology - Poland*

## **12) Edema, phlebedema & lymphedema.**

### **Different problem, same treatment?**

*Michael Eid, PT - Lymphedema treatment specialist Regina Assumpta Medical Clinic; Teacher with Dr.Vodder School International - Canada*

## **13) Phlebo-Lymphology : an Irish perspective**

*Mary Paula Colgan, MD - Associate Professor in Vascular Disease;  
Max Mahendran, MD - Vascular surgeon; Mary Costello, MD, PhD, RCSI; Meadhbh Mac Sweeney. MPH, Clinic Director - Ireland*

## **14) Combining Aqua Lymphatic Therapy with conventional management of the lower legs**

*Dorit Tidhar. PT - National director of research and development, Maccabi healthcare services - Israel*

## **15) Inpatient treatment of a Lymphedema patient in an austrian Lymphedema Clinic**

*Andreas Wittlinger, PT - Wittlinger Therapiezentrum GmbH, Walchsee  
CEO Dr. Vodder Academy International, Chief of Therapy  
Department - Austria*

## **16) Manual Lymphdrainage and Bandages - an introduction to two most important parts of therapy of edema diseases**

*Tobias Beck - CEO Feldbergklinik  
Dr. Asdonk specialist clinic for Lymphology and edema related diseases - Germany*

## **17) The Co.De.Phy.L. protocol in lymphedema**

*Edmondo Palmeri, MD - Vascular Surgeon, expert in Clinical Nutrition and Complementary Medicine, Teacher Phlebology courses at the University of Palermo; SIF - Italy*

## **18) Benefits of Electro-Lymphatic Therapy**

*Leong Weizhen, Physician - Chief Medical Officer & Co-Founder  
Oriental Remedies Group; Traditional Chinese Medicine - Singapore*

## **19) Peripheral blood mononuclear cells in the treatment of lymphedema: preliminary results**

*Mario Bellisi, MD - Vascular Surgeon - Italy*

## **20) Precautions for diagnosis of lymphedema and tips for treatment**

*Kazuki Kikuchi, MD - Department Director of Plastic surgery, Nadogaya Hospital, Tokyo - Japan*

## **21) Microsurgical Lymphatic-Venous By-pass Surgery: how, when and why**

*Francesco Boccardo, MD - Professor of surgery, University of Genoa;  
President of European Society of Lymphology - Italy*

## **22) Italian experience in Lymphatic Supermicrosurgery**

*Paolo Gennaro, MD - Associate Professor of Maxillofacial Surgery  
University of Siena - Italy*

## **23) Liposuction for Lymphoedema: A Patient, Doctor and Therapist Perspective**

*Suzanne L. Davey, OTR/L, CLT-LANA, CLWT, CEO & Founder at  
Lymph Africa (Pty) LTD and Lymphatic Education Africa- South Africa*

## **24) The combination between LVA and Liposuction**

*Guido Gabriele, MD - Clinical Director UOC Maxillofacial Surgery,  
Siena University Hospital - Italy*

## **25) Lymphedema excluded from the LEA: Lymphedema in the obese, Lymphedema in the renal transplant and Phlebolympedema**

*Pierluigi Zolesio MD - Department of Neuroscience and Rehabilitation,  
Brotzu Hospital, Cagliari - Italy*



## **26) Pet & CDT**

*Monica Coggiola, PT - Physiotherapy studio Coggiola, Casale Monferrato -Italy*

## **27) Lymphedema: the internist's point of view**

*Micaela Bortolon, MD - Italy*

## **28) Lymphatic System: not only a peripheral concept**

*Lorenzo Ricolfi, MD - Hesperia, medical services, Bordighera - Italy*

## **29) Senescence of the lymphatic vessels: implications for the clinic**

*Alberto Onorato, MD PhD - Linfamed Srl, Udine*

## **30) Lipedema : European Consensus Document**

*Domenico Corda, MD - Health director of Polimedica San Lanfranco, Pavia (Medical Center of Lymphology) - Italy*

## **31) Complex decongestive therapy in Lipedema, when and why**

*Sara Mantovani, PT - "Studioerre" multidisciplinary physiotherapy center, Brescia - Italy*

## **32) Surgical algorithm in the treatment of Lipedema**

*Agostino Bruno, MD - Plastic surgeon, Rome - Italy*

## **SPECIAL TOPIC**

### **Management of inflammation status via ketogenic diets on lipedema and lymphedema**

*Cannataro Roberto, Nutritionist - Italy*

## **FINAL CONSIDERATIONS**

### **The Road to Establishing Centers of Excellence in Lymphatic Treatment**

*William Repicci, President and CEO of Lymphatic Education & Research - USA*

## **SESSION II**

### **Venous pathology, from medical therapy to surgical treatment**

#### **1) The nutraceutical intervention for the health of the endothelium organ**

*Mauro Miceli, Aggregate Professor of Biomedical Laboratory, Sciences Biomedical Pole, University of Florence - Italy*

#### **2) Clinical significance of VIMT (Vein Intimal Medial Thickness): a suggestive hypothesis**

*Gennaro Quarto, MD - Professor at Integrated Courses of the Degree in Medicine and Surgery of the Faculty of Medicine and Surgery of the University of Naples "Federico II"; Past president SIF - Italy*

#### **3) The optimal duration of anticoagulation therapy in venous thromboembolic disease**

*Elena Callegari, MD - Medical director c/o ULSS 2 Treviso, specialist in internal medicine Ulss 2 Marca Trevigiana, Ca 'Foncello Treviso Hospital - Italy*

#### **4) Superficial and deep venous circulation, a delicate equilibrium**

*Maurizio Bruschi, MD, Treviso SIF - Italy*

#### **5) Deep vein obstruction and reflux: should we search for these anomalies in the swollen leg?**

*Marzia Lugli, MD - Hesperia Hospital Modena  
President of Italian College of Phlebology - CIF - Italy*

#### **6) Vein stenting and oedema**

*Matteo Longhi, MD - Hesperia Hospital Modena - Italy*

**7) Phlebological surgery, what are still the spaces?**  
*Raffaella Piovesan, MD - Vascular surgery - "Dell'Angelo" Hospital,  
Mestre-Venice - Italy*

**8) Thermal ablation. An endovascular option  
for the treatment of saphenous insufficiency**  
*Erika De Febis, MD - Niguarda Hospital General Hospital  
and care centers, Milan - Italy*

**9) Rationale of ablative and conservative phlebological  
therapies in comparison**  
*Eugenio Bernardini, MD, Livorno - Italy*

**10) Physical Therapy as a complement for venous surgery:  
Improving the outcomes**  
*Gabriela Chinchilla, PT - Osteopath, Hospital Clinica Biblica,  
San José - Costa Rica*

**11) Unilateral saphenous incompetence:  
correlations with postural alterations**  
*Marco Bernardini, Biomedical engineer, Livorno - Italy*

**12) The alteration of the prone-supinatory podalic  
tour in the insufficiency of the Lejars venous  
insole and the role of podiatry orthotic-plantar therapy**  
*Camilla Nuti, podiatrist, Empoli - Italy*

**13) Healing of vascular ulcers with elastocompression.  
A boot modified**  
*Ivan Gutierrez Romero, MD - Peru*

**14) The Co.De.Phy.L. in the treatment of edema  
of revascularization**  
*Ilenia Guttuso, MD - Phlebolympology Center, University  
Hospital "Policlinico Paolo Giaccone", Palermo - Italy*

**15) Lower limb ulcers and shock waves:  
a new approach to an old problem?**  
*Giovanni Lipari, MD - Surgery B - GB Rossi University  
Hospital, Verona - Italy*

**16) Aesthetic Medicine Therapies for blemishes  
and pathologies of the lower limbs**  
*Giovanni Alberti, MD - Sports Medicine Specialist,  
Palermo SIME - Italy*

**17) Aesthetic medicine meets microcirculation  
to counteract aging**  
*Pietro Pace, MD, Brescia - Italy*

## **SPECIAL TOPIC**

### **Nutrition and Extracellular Matrix**

*Lucio Lucchin, Prof. ac. - Medical Director of the Clinical Nutrition Unit  
Health District of Bolzano - Italy*

## **FINAL CONSIDERATIONS**

*Marco Viani, MD - Chief SSD Vascular Surgery, ASST Fatebenefratelli-Sacco,  
Milan President of Italian Society of Phlebology - SIF - Italy*

## UNDER THE PATRONAGE OF



**REGIONE  
LIGURIA**



**FNOMCeO**  
Federazione Nazionale degli Ordini  
dei Medici Chirurghi e degli Odontoiatri



**Ordine Nazionale  
Biologi**



**ORDINE PROVINCIALE  
DEI MEDICI CHIRURGHI  
E DEGLI ODONTOIATRI  
DI IMPERIA**



**ACRO**

ASSOCIAZIONE CONFERENZE  
E RACCOMANDAZIONI



**ASSOCIAZIONE ITALIANA  
di FISIOTERAPIA**



**Anatolian Lymphedema  
Association**



**Associazione  
Lotta al  
Linfedema**  
ONLUS



**Dr. Vodder**  
Akademie der Wittinger Gruppe



**ITALIAN  
LYMPHEDEMA  
FOUNDATION**



**Klose Training**  
Lymphedema Certification



**LANA**  
LYMPHOLOGY OF NORTH  
AMERICA ASSOCIATION



**Lila**  
Lymphedema Italia



**Lymphatic Education  
& Research Network**



**Lymph  
AFRICA**  
PRO INNOVATION



**Lymphedema Framework  
NLFI  
IRELAND**



**Associazione di Volontari Oncologici**  
Non Siamo Soli



**ONCO MOVIMENTO**  
attività fisica in oncologia



**RESILIA**  
Linfra per la vita



**SOCIETÀ ITALIANA DI FLEBOLOGIA**



**Società Italiana di Fisiologia**  
S. I. F.



**SIMFER**  
SOCIETÀ ITALIANA DI MEDICINA  
FISICA E RIABILITATIVA  
The Italian Society of Physical and  
Rehabilitation Medicine



**SIPNEI**  
sezione Liguria



**SOS Onlus  
Linfedema**  
Onlus nel Portale del Ministero della Salute  
e della Medicina Pubblica dell'Università di Roma



**ASSOCIATION  
LYMPHEDEME**



with the non-conditioning contribution of



Epinutracell



